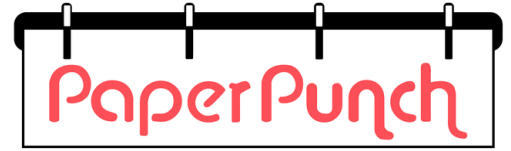


# AV/8

Height Adjustable Desks



office supplies

Smart Performance, Exceptional Value.



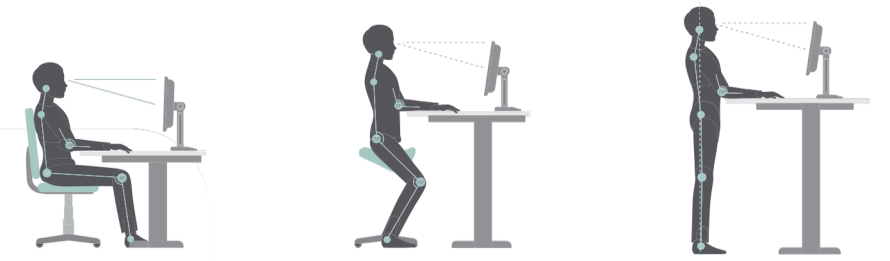
*AV8 is a dependable range of sit–stand desks designed for modern, flexible workplaces. Combining smooth height adjustment, quiet performance, and durable construction, it supports healthier, more productive ways of working every day.*

# AV8

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# AV8 Sit-Stand desking.



## Wellbeing and ergonomics go hand-in-hand in workspaces which are people-centred and healthy.

Choosing furniture and accessories should not just be about aesthetics and price. Well-designed, properly engineered products are crucial in promoting positive employee mental and physical health which, in turn, increases productivity and presenteeism.

Our Sit-Stand Collection has been designed to enhance workplaces.

### What are the benefits of sit-stand desking?

#### Healthier heart

People who sit for more than 8 hours a day, double their risk of developing heart disease compared to those who sit for less than 4 hours a day.

#### Fight obesity

Prolonged sitting slows down the metabolism, promoting fat accumulation. Standing up intermittently at a sit-stand desk decreases the risk of obesity.

#### Better back health

Studies show that using height-adjustable desks can dramatically decrease chronic back pain caused by inactivity and prolonged sitting.

#### Reduce stress & fatigue

In one seven-week study, participants using standing desks reported less stress and fatigue than those who remained seated the entire work day.

#### Live longer

People who sit the most are at a 49% greater risk of dying early. Reducing sitting time to 3 hours per day can raise your average life expectancy.

#### Improve circulation

Improve blood-flow by alternating between ergonomic office chairs that promote dynamic movement when seated and adjustable sit-stand deskings.

#### Less stiffness

Leg and glute muscles are more active and therefore stronger, in users who alternate between sitting and standing which reduces long-term discomfort and strain.

#### Smarter thinking

Dynamic working encourages oxygen-rich blood to be pumped around the body, reversing the effects of inactivity where brain function slows down.



### **Built for Reliability and Performance**

The AV8 frame is driven by high-quality dual motors, ensuring smooth, synchronised lifting with consistent stability. Constructed from heavy-duty SPCC cold-rolled steel, it supports loads of up to 100 kg while operating at a whisper-quiet noise level below 50 dB - engineered for dependable, everyday performance.

### **Tested for Durability and Versatility**

Rigorously tested for more than 20,000 lift cycles, the AV8 is designed for long-term reliability. Its 100 kg load capacity easily accommodates a wide range of desktop setups. With a height adjustment range from 695mm to 1205mm, it provides ergonomic comfort across a wide range of working environments and user requirements.

### **Attention to Every Detail**

Quality is evident in every detail. Precision-engineered leg columns, a clean, durable finish, and stable feet ensure both strength and visual refinement. With its minimalist design, the AV8 blends seamlessly into any environment, providing a reliable and stylish foundation for a productive workspace.

### **Anti-Collision Protection**

Intelligent sensors detect obstacles during height adjustment, automatically stopping and reversing movement to help prevent damage or injury. Designed to protect users, equipment, and surrounding furniture while ensuring smooth, confident operation.

### **Whisper-Quiet Operation (<50 dB)**

Smooth, low-noise lifting keeps movement discreet, maintaining a calm and focused workspace without disturbing those around you.



**Intuitive Control, Personalised Comfort** The advanced hand controller puts effortless customisation at your fingertips. A crisp LED display shows the real-time height, while four programmable memory buttons store preferred positions for instant, one-touch adjustment. Thoughtful features such as a long-sitting reminder and a child-lock safety mode deliver premium functionality in a compact, user-friendly design.

- LED Display Screen – Real-time height display for accurate adjustment.
- Child Lock – Prevents unintended operation and enhances safety.
- Precision Up/Down Control – Smooth, accurate lifting via intuitive arrow controls.
- Preset Height Positions – Quickly return to preferred working heights.
- 3-Level Memory Settings – Store multiple height preferences for personalised comfort.



AV8 Single



## AV8 Single Desk

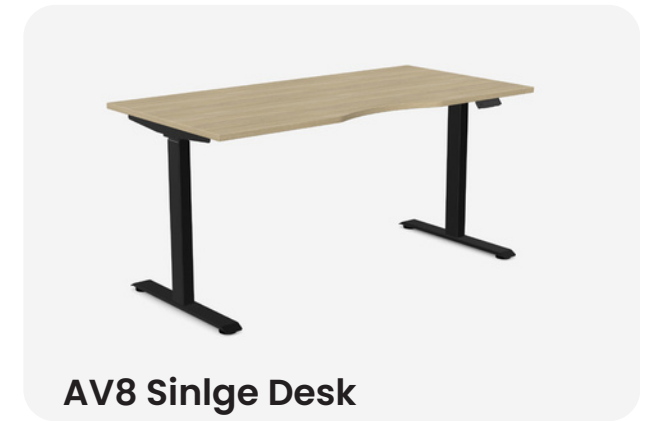
Simple, reliable sit-stand working for modern individual spaces.

The AV8 single sit-stand desk is a practical upgrade for modern, flexible workspaces. Combining affordability with dependable performance, it delivers smooth, quiet height adjustment to support healthier movement throughout the day.

Built from eco-conscious materials and engineered for lasting stability, AV8 transitions seamlessly between sitting and standing—enhancing comfort and productivity without unnecessary complexity or cost.



AV8 Single Frame

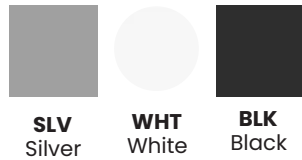


AV8 Single Desk

**Frame Material** SPCC steel  
**Input Voltage** 100–240 V  
**Height Adjustment Range** 700–1200 mm Stroke: 500 mm  
**Width Adjustment Range (Frame)** 960–1500 mm Tolerance: ±5 mm  
**Compatible Tabletop Width** 1200–1800 mm  
**Lifting Speed** 30 mm/s  
**Load Capacity** 100 kg (220.5 lb) **Drive System** Dual motor

**Leg Configuration** 2-leg structure  
**Lift Column** Standard rectangular column • 75 × 45 mm • 80 × 50 mm  
**Feet** 600 mm Options: leveling studs / wheels  
**Noise Level** < 50 dB  
**Safety Features** Anti-collision protection system  
**Certifications** CE, UL, BSCI, SAA, BIFMA, RoHS, TÜV, etc.  
**Warranty** 5 years on all parts

### Stocked Frame Finishes



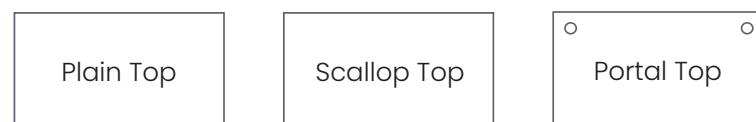
### Stocked 25mm MFC Tops



### Made to Order 25mm MFC Tops



### Top Options



### Top Sizes

Depths: 700 & 800mm  
 Widths: 1200, 1400, 1600 & 1800mm

# AV8 Bench





## AV8 Bench Desking

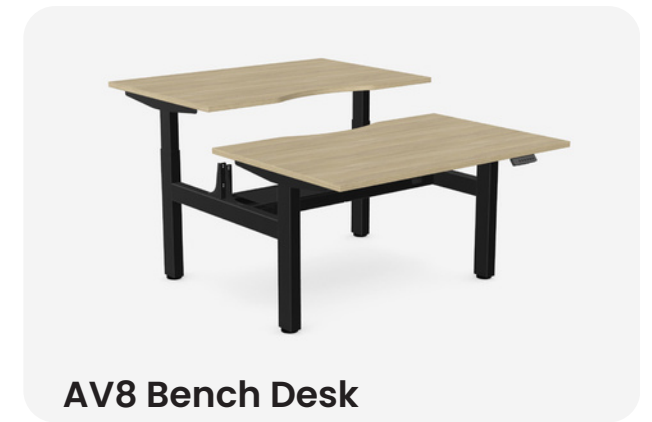
Flexible, space-efficient sit-stand performance for shared workplaces.

The AV8 Bench sit-stand desk is a practical solution for modern, flexible workplaces. Designed for shared workstations, it delivers smooth, quiet height adjustment to support healthier ways of working throughout the day.

AV8 transitions seamlessly between sitting and standing, enhancing comfort, space efficiency, and productivity without unnecessary complexity or cost.

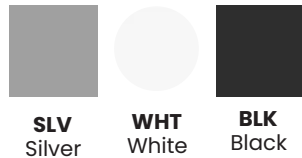


AV8 Bench Frame



AV8 Bench Desk

### Stocked Frame Finishes



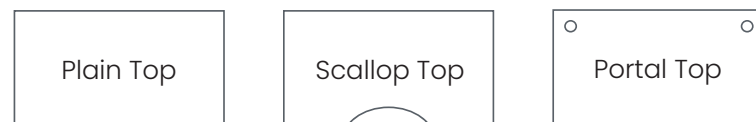
### Stocked 25mm MFC Tops



### Made to Order 25mm MFC Tops



### Top Options



### Top Sizes

Depths: 700 & 800mm  
Widths: 1200, 1400, 1600 & 1800mm

**Frame Material** SPCC steel

**Input Voltage** 100–240 V

**Height Adjustment Range** 700–1200 mm Stroke: 500 mm

**Width Adjustment Range (Frame)**

960–1500 mm Tolerance: ±5 mm

**Compatible Tabletop Width** 1200–1800 mm

**Lifting Speed** 30 mm/s  
**Load Capacity (per desk)** 100 kg (220.5 lb)

**Drive System** Dual motor

**Leg Configuration** 4-leg structure

**Lift Column** Standard rectangular column • 75 × 45 mm • 80 × 50 mm

**Noise Level** < 50 dB

**Safety Features** Anti-collision protection system

**Certifications** CE, UL, BSCI, SAA, BIFMA, RoHS, TÜV, etc.

**Warranty** 5 years on all parts



# for every desk we sell, we will plant a tree.

RESTORE  
NATIVE  
FOREST

PROMOTE  
ACCESS TO  
MEDICINAL  
AND OTHER  
FORESTRY  
PRODUCTS

INCREASE  
FOOD  
SECURITY

CREATE  
ACCESS TO  
CLEAN WATER



## Sustainability

We partner with the Global Climate Institute, where we plant a tree in Tanzania for every desk sold.



## Why Tanzania?

The deforestation rate in Tanzania is amongst the highest in East Africa. For a country where the forests typically help fuel the national economy, this degradation has a dramatic impact on rural communities, causing major food insecurity.

Luckily, tree planting proves to be one of the most versatile and cost effective means to improve the quality of life for people living in impoverished areas, as the trees will provide decades of food, medicine, shade, firewood, carbon fixation, environmental enhancements, wildlife habitat and benefit the global climate.





## Reuse and recycling of Waste Electrical and Electronic Equipment.

**Our Supplier is a registered  
WEEE Ireland member for all  
sit-stand desks.**

The WEEE Regulations purpose is to make sure Electronic and Electrical Equipment (EEE) is recycled; keeping this harmful waste stream from landfill. The regulations aim to improve the environmental performance of businesses that manufacture, supply, use, recycle and recover EEE. You may have obligations under the WEEE Regulations if you are a business which sells electrical or electronic equipment.

# AV/8



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